

Bellino's Market
45 S New York Road
Smithville Square
Galloway NJ 08205
609.568.6992



PREPARED FOODS

SAMPLE MENU(some items change daily)

Grilled Salmon **\$14.99 lb.**
Pulled Pork **\$9.99 lb.**
Grilled Asparagus **\$7.99 lb**
Crab Cakes **\$16.99 lb.**
Chicken Parm **\$8.99 lb.**
Short Rib Ravioli **\$15.99 lb.**
Stromboli **\$4.00 ea**
Arancini w/Marinara **\$3.00 ea**

Sausage & Peppers **\$8.99 lb**
Eggplant Rollatini **\$9.99 lb**
Sautéed Spinach **\$6.99 lb.**
Long Hots **7.99 lb**
Grilled Veggies **\$5.99 lb.**
Rice Pilaf **\$4.99 lb**
Fried Chicken Cutlets **\$7.99 lb.**
Mac & Cheese **\$9.99 lb.**

Mozzarella Caprese **\$7.99 lb**
Chicken Francaise **\$8.99 lb**
Cheese Ravioli **\$9.99 lb**
Mashed Potatoes **\$5.99 lb**
Stuffed Pepper Shooters **\$14.99 lb**
Pan Seared Scallops **\$22.99 lb**
Shrimp Fried Rice **\$10.99 lb**
Sautéed Broccoli Rabe **\$7.99 lb**

\$3.99/lb

Pasta Salad
Giardiniera
Bruschetta

Potato Salad
Coleslaw
Cucumber Tomato Salad

Macaroni Salad
Egg Potato Salad
Cous Cous Salad

\$7.99/lb

Chicken Salad
Tuna Salad
Fresh Mozzarella

Artichoke Salad
Dirty Queen w/Gorgonzola Olives
Kalamata Olives
Shrimp Salad/\$11.99

Greek Mix Olives
Roasted Peppers
Sicilian Cured Olives

SANDWICHES & SUBMARINES

1. Market Italian - salami, coteghino, cappy ham, provolone on an AC sub roll

w/ LTO, oil & vinegar, oregano HALF: **\$7.99** HALF SPECIAL **\$9.99** WHOLE **\$15.99**

2. Corned Beef Special - coleslaw, 1000s island, Ginsburg rye **\$8.99** (or try Turkey OR Roast Beef)

3. Chicken Salad / Tuna Salad - on white, wheat, or rye, w/ lettuce, tomato **\$5.99 / \$6.99**

4. Porchetta & Provolone - sauteed spinach, roasted peppers on an AC sub roll **\$9.99**

5. House Roast Beef BLT - roasted garlic basil dressing on Ginsburg marble rye **\$8.99**

6. Veggie Sub - sauteed spinach, grilled zucc & squash, roasted peppers, & balsamic on an AC sub roll **\$7.99**

7. Prosciutto & Arugula - fresh mozzarella, EVOO, and balsamic on an AC sub roll **\$11.99**

8. Breaded Chicken Cutlet - lettuce, tomato, onion, and balsamic on an AC sub roll **\$7.99**

ALL ITEMS AND PRICES ARE SUBJECT TO CHANGE
PRICES DO NOT INCLUDE TAX